TREATMENT MENU

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APEIRON BLUE

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APEIRON BLUE

MASSAGE

DEEP TISSUE MASSAGE

A powerful full-body treatment that targets the deepest layers of thick muscle tissue and individual fibers, releasing chronic tension and tight knots. Using firm, skilled hands and therapeutic acupressure techniques, this massage promotes toxin release, improves circulation, and restores mobility. Ideal for athletes or anyone seeking relief from persistent aches, stiffness, or muscular fatigue.

Duration: 90 min €180 / 60 min €125/ person

ROMANTIC & RELAXATION COUPLES MASSAGE

Reconnect and unwind together with our luxurious Couples Romantic & Relaxation Massage. Enjoy side-by-side treatments in a serene, candle-lit room as our skilled therapists ease tension with long, soothing strokes and warm aromatherapy oils. This shared experience promotes deep relaxation, emotional connection, and a sense of harmony—perfect for celebrating love, special occasions, or simply escaping everyday stress together.

Duration: 60 min €250 total

SPECIAL THERAPEUTIC MASSAGE

A fully personalized full-body experience designed to meet your unique needs. This treatment artfully blends a variety of therapeutic approaches: the soothing, warming flow of Swedish massage; the grounding pressure of shiatsu techniques that target key points along the body's muscular chains; and gentle, alignment-focused movements inspired by chiropractic traditions. Together, these modalities help ease tension, soften stiffness, and restore a sense of balance and harmony throughout the body—leaving you feeling lighter, freer, and deeply renewed.

Duration: 90 min €180/ 60 min €125/ person

MASSAGE

CRANIO SACRAL

A soothing, upper-body–focused treatment designed to release deep tension and restore ease. Perfect for stiff necks, tight shoulders, and tired lower backs, this gentle therapy brings a sense of lightness and calm, allowing your whole body to unwind and rebalance.

Duration: 40 min €85/ person

RELAXING MASSAGE

A gentle, full-body massage designed to soothe and restore. Soft, flowing strokes ease tired muscles, enhancing their flexibility while promoting circulation to release built-up tension. The result is a profound sense of relaxation, leaving both body and mind refreshed, light, and completely at ease.

Duration: 90 min €180 / 60 min €120/ person

HEAD AND NECK MASSAGE

This targeted treatment melts away tension from the head, face, and neck, gently easing the strain that accumulates in your body and mind. It's an ideal escape for those experiencing stress, mental fatigue, or sleeplessness—restoring calm, clarity, and a sense of lightness from within.

Duration: 40 min €85/ person

SHIATSU

A holistic touch therapy rooted in Japanese tradition, Shiatsu blends kneading, gentle pressure, rhythmic tapping, and mindful stretching. Its flowing techniques help ease tension, awaken the body's natural balance, and invite deep relaxation. Often used to support both physical and emotional well-being, Shiatsu may help soften muscle stiffness, invigorate the skin, encourage healthy digestion, and calm the nervous system—leaving you centered, recharged, and restored.

Duration:60 min €125/ person

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DIAMOND FACIAL THERAPHY

This luxurious treatment reveals a radiant, firm, and deeply hydrated complexion while awakening the skin's natural rejuvenation process. Through the gentle activation of the cells' own "self-cleansing" mechanism, your skin is encouraged to renew itself from within. Experience a luminous glow as impurities, makeup residues, dead skin cells, and excess sebum are delicately swept away. The result? Skin that looks refreshed, youthful, and naturally illuminated.

Duration: 60 min. 130€/ person

BRIDAL

Begin your bridal journey with a radiant full-body exfoliation, allowing your skin to breathe freely as it sheds dull, tired cells. Then sink into the silky embrace of a nourishing moisturizing mask, restoring softness and glow. Complete the experience with a soothing, harmonizing massage—leaving you refreshed, renewed, and beautifully prepared for your special day.

Duration: 2 hours, 220€/ person

AROMATHERAPY

With the enchanting aromas of essential oils, relaxation becomes an experience for both body and mind. Fragrances have the power to shift our mood, uplift our spirit, and gently support us in moments of emotional heaviness.

Duration: 75min, 145€/ person

SPECIAL TREATMENTS

JUST FOR HER

Indulge in a truly unforgettable moment with a luxurious warm candle massage. The rich, velvety oil melts into the skin, offering deep nourishment, while a blend of soothing pressures and gentle stretches eases every muscle. All of this unfolds within an alluring, beautifully scented atmosphere designed just for you.

Duration: 75min, 140€/ person

JUST FOR HIM

Rooted in ancient Asian tradition, this unique technique blends the rhythmic use of bamboo sticks with flowing manual strokes. Through tapping, gliding, and targeted pressure on specific zones, the body awakens—encouraging healthy circulation and releasing built-up tension in stressed areas.
A soothing remedy for tired muscles, the bamboo massage brings both body and mind into a calm, restored state. Its comforting rhythm can help ease emotional strain and support deeper relaxation, leaving you feeling balanced, refreshed, and mentally clear.

Duration: 60 min, 130€/ person

TREATMENT ROOM ETIQUETTE

We kindly ask to arrive 10 minutes prior to your scheduled appointment time to complete your health consultation.
For your safety we recommend leaving your valuable in your room.
Please use the shower before any treatment.
Cell phones are not allowed in the treatment room area.

We are looking forward to providing you with a relaxing experience!

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